What is Community Connections

The Community Connections program offers short-term, personalised support to assist you to build connections with local services, support networks and community or social groups.

We work with you to understand your circumstances and challenges that may be preventing you from participating in the community as much as you would like to.

Some challenges you may be facing:

- Not knowing the services available
- Being new to the area
- Speaking a different language
- Financial pressures
- Loss of employment
- Caring responsibilities
- Mental health challenges
- Confidence
- Limited access to transport or digital resources.

Talk to a friendly member of our team today!

LUTHERAN CARE

Lutheran Care is the Barossa, Light and Lower North Community Partner. We would love to talk with you about how this program can help you reach your goals!

Our holistic, person-centred approach means we will support you to connect with the services that are the most important to you.

You can contact us via:

(08) 8562 2688

communityconnections@lutherancare.org.au

COMMUNITY CONNECTIONS PROGRAM

Barossa, Light and Lower North

Support Networks

Local Community

Building Connections

An Initiative of
Government of South Australia
Department of Human Services

How do we work?
Together we will help you build confidence and skills to connect beyond the home.

Stronger connections can improve quality of life and provide better health outcomes!

This could include helping you to:

- Identify and achieve personalised goals
- Connect to community activities and programs
- Seek financial support services
- Explore volunteering roles and training opportunities
- Connect to your community
- Link you to relevant services
- Address barriers that are holding you back
- Try something new
- Meet new people
- Gain confidence.

Is Community Connections for me?

To be eligible for this program, you must:

1. Be aged 18 to 64 years
2. Be living in South Australia
3. Not already be receiving support from federal programs such as National Disability Insurance Scheme (NDIS) and My Aged Care.